

# The Suffolk Feng Shui



The Nine Key Areas  
of your home

# In Feng Shui, we divide the home into nine key areas using a compass.

But don't worry, this is easy. You can use your phone compass or download a compass App.

Please note that before you take your compass reading, take off any jewellery as this can affect the magnet inside the compass.

The most accessible areas to find are North and South.

Get a feel as to where these are and it will help you find the other areas.

We also use the central area of the home too, which obviously won't be on the compass, but is literally the central spot in your home.

Once you have found these, have a look at what element of your life each of the areas represents.

Is it something that you would like to improve?

Or are you happy with how it is?



# The nine areas of your home and what they represent

<p>North West</p> <p>Helpful people and travel</p>	<p>North</p> <p>Career, business and life's journey</p>	<p>North East</p> <p>Knowledge and skill building (if you meditate this is a powerful place to do so)</p>
<p>West</p> <p>Fertility, children and new beginnings</p>	<p>Centre</p> <p>This area is responsible for your health (physical and mental) and self-acceptance</p>	<p>East</p> <p>Family and community</p>
<p>South West</p> <p>Love and marriage</p>	<p>South</p> <p>Fame, reputation and recognition</p>	<p>South East</p> <p>Wealth, prosperity and abundance</p>



# Affirmations

## Centre

I am grateful for my body

I am strong

I am allowed to feel good

I am allowed to be happy

I am capable of making healthy choices

## North

The perfect job is on its way to me

I attract positive work environments

I deserve to have a job that makes me happy

The right job is coming to me

I deserve to have the income I desire

## North-East

Every day I learn more

I am intelligent

I love to learn new things

I am capable of learning new skills

I easily retain the information I am taught



# Affirmations

## East

### Family

Our family is filled with love and joy

Our family is loving and supportive

Our family is safe

### Community and Friends

My friends love me

My friends bring me joy and happiness

I am ready to make new friends

Everyone in my community and friendship group is loyal and trustworthy

## South-East

I am in control of my finances

My life is filled with wealth

The amount of money I earn is limitless

I am always finding new ways of making money

I deserve to make more money



# Affirmations

## South

I am always recognised for the work I do

I am respected by my family

I am respected by my friends and colleagues

I am proud of myself

I am deserving of success and recognition

## South-West

I welcome more love into my life

I deserve to be in a happy  
and fulfilled relationship

I love myself and I am open to love

The more love I give, the more I receive

I deserve love as I am



# Affirmations

## West

### Fertility

I trust my body

I take time to nourish my body

I am worthy of a child

I am worthy of becoming a mother

I am stronger than I know

### New Beginnings

I have everything I need to move forward

I am open to new possibilities

I trust my decisions

I am grateful for all that I have,  
and all that is to come

## North-West

### Helpful People

The right people come into  
my life when I need them

I am worthy of receiving help in my life

### Travel

I am open to new experiences

I am determined to live my life to the fullest

I am grateful for the opportunity to explore the  
world





Wishing you all the best,

# The Suffolk Feng Shui

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An modern twist on an ancient art

# Looking to create positive change in any of your nine areas?

Visit my website to learn about my consulting services

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